My lecture is focused around a dear friend and quilter, Myrl Lehman Tapungot. Myrl won best of show in Paducah in 1997. I had the pleasure of meeting her while I was stationed in Manila, Philippines in 1990. She had a fascinating story as to how her business started and I was able to travel to Cagayan de Oro, to witness and film her amazing quilters at work. She started her business in order to raise funds for a local family who had a child with a cleft pallet. Once the quilt was raffled off and the other villagers saw the benefits, they asked her to teach them the art of quilting. She was best known for her Trapunto work. During my lecture I show a video of the locals hand quilting and I have quite a collection of her quilts to display, showing her amazing quilting. She averaged 12 to 14 stitches per inch. I am also a quilter and have traveled all over the world. My husband and I are both retired from the Central Intelligence Agency. I begin my talk with a small back history on myself and my journey into quilting and then continue with the friendship I developed with Myrl over several decades. My lectures runs about 1 hour.